

Developmental Pediatrics

Title: DISEASE MANAGEMENT AND 10 SIMPLE RULES FOR THE 21st CENTURY HEALTH CARE SYSTEM

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Background: Providing optimal care to anyone with a chronic condition is challenging. Individuals with spina bifida face cuts in multidisciplinary pediatric programs as well as adult-oriented providers who are not familiar with their condition. Insurers have developed disease management (DM) programs to decrease costs. The Institute of Medicine (IOM) has developed guidelines to optimize care. This presentation will provide a framework for subsequent discussions in the forum on healthcare for people with spina bifida.

Results: The tenets of DM and the 10 rules and 6 aims developed by the IOM will be reviewed.

Conclusion: The principles of DM and the guidelines developed by the IOM can provide a framework for evaluating current care and for developing interventions to optimize future care for people with spina bifida.