

**Nursing and Allied Health Abstracts**

**Title:** USE OF CONE IRRIGATION ENEMA FOR BOWEL CONTINENCE IN SPINA BIFIDA

**Presenting Author:** Jean Brown, Shriners Hospital

**Background:** Bowel management in spina bifida is one of the most challenging aspects of the condition. Many methods are utilized to achieve social continence including surgical and non-surgical approaches. The use of the cone irrigation enema method has been a practical and useful addition to other non-surgical methods and affords a high level of continence for many children and adults.

**Method:** 3 Case studies will be presented that illustrate typical responses to use of the cone irrigation enema.

**Results:** 3 children with varying bowel difficulties benefited significantly from the use of the cone irrigation enema method of management.

**Conclusion:** The cone irrigation enema is an acceptable alternative to other methods that results in a high level of continence.